



Goswami Kriyananda, the spiritual preceptor
of the Temple of Kriya Yoga

3 Temple of KRIYA YOGA C H I C A G O

www.yogakriya.org

Goswami Kriyananda returns to Chicago Sept 23 - Nov 9, 2008

Sunday Noon Inspirational Meditations with Goswami Kriyananda in Person

Noon-12:45 pm, love offering.

- Sept 28** **Basic Kriya Principles -**
Discover basic life principles to become wiser and happier in your everyday life.
- Oct 5** **Key Kriya Disciplines -**
Simple disciplines to keep your mind and life balanced so you don't stand in the way of your goals.
- Oct 12** **Gaining the Pure Mind -**
Gain insight into 'the Pure mind' and how it will benefit you and those you love.
- Oct 19** **Overcoming Obstacles on the Path -**
Key obstacles the seeker of Wisdom and Happiness needs to understand and overcome.
- Oct 26** **Control Your Destiny -**
Learn the secrets for gaining control over your Destiny.
- Nov 2** **The Value of Enlightenment -**
Enlightenment, a very useful state of consciousness, for this world, not for the next....
- Nov 9** **Your Dreams: Star-Gate to the Astral -**
Nothing is closer to your Being than Dream symbols; learn how they relate to your Destiny.

Sunday 1:15 pm Lectures with Goswami Kriyananda in Person

1:15-2:15 pm, love offering: \$5

- Sept 28** **Karma and the Law of UTU -**
Learn the nature of Karma and the principle of Utu for overcoming difficult karma.
- Oct 5** **Re-Incarnation and Your Goals -**
Learn about Re-incarnation and how it can fulfill all your 'dreams.'
- Oct 12** **Japa and the Three Magic Mantras -**
Learn some of the basic secrets of Japa along with 3 vital mantras to assist you in this life.
- Oct 19** **Self-Esteem, Accepting Life's Gifts -**
Learn about the link between self-esteem, and your ability to receive Life's Blessings.
- Oct 26** **The Very First Step Upon the Path -**
Discover the first essential step needed for you to enter the Path and progress.
- Nov 2** **The Path of Kriya -**
A revelation into some of the unique qualities and values of the Kriya Pathway.
- Nov 9** **The Outer Fringes of Samadhi -**
The goal is to obtain Samadhi and improve the earth-life.

Watch the interview series The Path: Kriya Yoga with Goswami Kriyananda
<http://www.youtube.com/TempleOfKriyaYoga>

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